



Health, Safety and Wellbeing Policy

Reviewed Sep 2025

Bucharest Beirut International School (BBIS) is committed to providing a safe, healthy, and supportive environment for all members of its community. The school recognises that effective learning can only take place in an environment where students and staff feel physically safe, emotionally supported, and mentally well. This policy outlines the school's approach to health, safety, and wellbeing, including physical safety, medical care, risk management, and mental health support.

This policy applies to all students, staff, visitors, contractors, and volunteers and is in effect on school premises, during school activities, school trips, and all school-related events. Health, safety, and wellbeing are understood as shared responsibilities across the entire school community.

BBIS is committed to maintaining a safe physical environment. The school takes reasonable and proactive measures to ensure that buildings, facilities, equipment, and outdoor spaces are well maintained and comply with applicable safety regulations. Regular risk assessments are conducted to identify potential hazards, and appropriate actions are taken to minimise risks. Fire safety procedures, emergency evacuation drills, and lockdown procedures are implemented and reviewed regularly to ensure preparedness.

BBIS provides **on-site medical support** to ensure the health and safety of students during the school day. The school has a dedicated medical cabinet staffed by a full-time qualified school nurse. In addition, a licensed pediatrician visits the school once per week to monitor student health, provide medical guidance, and support early identification of health concerns.

All students who experience illness, injury, or accidents during the school day must report immediately to the school nurse. The school nurse is responsible for assessing the student's condition, providing first aid or appropriate care, and determining next steps. In all cases where a student's health requires attention beyond routine care, the school nurse will contact the parents or guardians promptly and coordinate further action as needed.

All staff have a responsibility to take reasonable care of their own health and safety and that of others. Staff are expected to follow school safety procedures, report hazards or incidents promptly, and supervise students appropriately at all times. Students are expected to



behave responsibly, follow safety instructions, and avoid actions that could place themselves or others at risk.

BBIS places strong emphasis on **safeguarding and student welfare**. The school follows clear safeguarding procedures to protect students from harm, abuse, neglect, or exploitation. Any concerns related to student safety or wellbeing must be reported in line with the school's safeguarding policy and procedures.

Health and safety arrangements extend beyond the classroom. During break times, sports activities, practical lessons, school trips, and transportation, appropriate supervision and risk management measures are in place. Students are expected to follow behaviour expectations outlined in the Student Code of Conduct to ensure a safe and respectful environment for all.

BBIS recognises that **mental health and emotional wellbeing** are integral components of overall health and safety. The school is committed to promoting positive mental health, resilience, and emotional wellbeing among students and staff. A supportive school culture is fostered in which students feel safe to express concerns, seek help, and access appropriate support.

The school a wellbeing support through homeroom teachers, the Wellbeing Team, and counselling services where available. Staff are trained to recognise early signs of emotional distress, anxiety, or mental health difficulties and to respond appropriately by providing support or referring concerns to the Wellbeing Team. Mental health and wellbeing are supported through age-appropriate wellbeing programmes, social-emotional learning, and opportunities for student voice.

BBIS takes a proactive approach to preventing bullying, harassment, and discrimination, recognising their impact on mental health and wellbeing. Any behaviour that threatens the emotional safety of students is addressed promptly in line with the school's behaviour, anti-bullying, and safeguarding policies.

Parents are considered key partners in supporting student health and wellbeing. The school maintains open communication with families regarding health, safety, and wellbeing matters and works collaboratively with parents when concerns arise. When necessary, the school may recommend or collaborate with external professionals or services to support a student's physical or mental health needs.

The school promotes healthy lifestyles by encouraging balanced routines, physical activity, and awareness of personal wellbeing. Students are encouraged to develop self-management



skills, resilience, and healthy coping strategies as part of their learning and personal development.

All accidents, incidents, and health-related concerns are recorded appropriately, and procedures are reviewed regularly to improve safety practices.

This policy is reviewed on a regular basis to ensure alignment with legal requirements, best practices, and the school's commitment to safeguarding, inclusion, and student wellbeing.